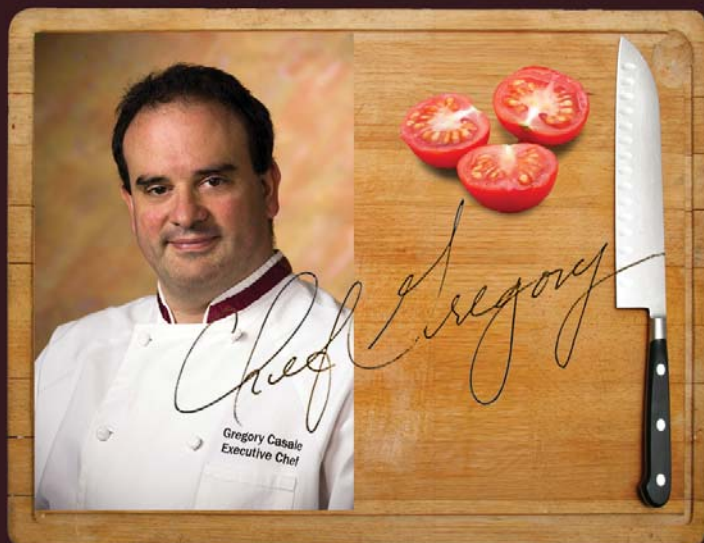


Chef Gregory: Fresh food ideas as the days cool down

Ah, September. The tease of picnics on Labor Day and the hint of fall just two weeks later with the official equinox. It's the month of change, and in that spirit I start my new monthly blog. Check out 15 of the best fall fresh ingredients you can buy at the market and a couple of recipes to tempt you into trying right-out-of-the-fields goodness on your table. And I hope you'll let me know how you like my ideas and what you'd like me to discuss in future blogs. Meanwhile, good eating. *Talk to Chef.*



Silly Question of the Day:
Have you ordered your
Giant Cookie for your
Labor Day picnic yet?

nutritional information
catering
menu

Coming to your
neighborhood!

Opening Sept. 8
Bell Towne Center
375 E. Bell Road
Phoenix, AZ, 8502



Hundreds of ways to count your blessings: Frequent friends @ Paradise

From left to right: Mark Gawlick, Alissa O'Neil, Penny, Conrad and Jessica McNary

Conrad: "There's always enthusiasm in the air!"

It started out as a simple cup of coffee among strangers. It was Dino's and Creta's first visit and veterans Conrad and Penny took them under their wings. They suggested the lemon poppy seed muffins, their favorite with the roasted coffee. Later, Creta would confess her obsession with the ham and brie panini. It was a match made in Paradise. More than 500 visits later, Creta and Dino of Sun Lakes and Penny and Conrad of Chandler still meet almost everyday at PB&C at the Falls in Ocotillo in Chandler, Ariz.

This week, the staff at Ocotillo – whom Dino, Creta, Conrad and Penny also consider close friends – thanked them back with gift cards and other goodies. "It's like embracing family," says General Manager Jess McNary. Are there any "family" squabbles? "Well, Conrad and Penny always go for the oatmeal or chocolate chip cookies; Dino and Creta head for the peanut butter cookies," she laughed.



Dino and Creta



Conrad and Penny

Show 'em you love 'em in a Grand way Sept. 13

There are many endearing terms for grandmothers and grandfathers. Some familiar: PawPaw or Granny; some much less so: Nonna, Bubbe, Grandpere, Babuska. But they all represent the dear ones who lovingly dote on their grandkids. If you're lucky enough to have your grandparents – or your children's grandparents – around, Sept. 13 is a perfect day to say "I love you." It's National Grandparents Day. And what says love the sweetest: A PB&C Giant Cookie. Let us decorate one just for the occasion. Grammy and the Grampster would love it.



Palette-pleasing tour enters 15th year

The Valley's most luxurious home tour is also one of its most exclusive. Free Arts of Arizona and Phoenix Home & Garden magazine are proud to present the 15th Annual Palette of Homes Tour on Sunday, Nov. 8. The tour highlights some of the most talented architects, builders and interior designers in town, while enabling attendees to sample gourmet fare from top local chefs!

Join our own Chef Gregory Casale at one of the Dream Tour homes. Tickets go on sale this month and usually sell out quickly. Dream Tour tickets are \$125 for access to four delightful homes. To purchase tickets click here or call Free Arts of Arizona at 602-258-8100.